



TOTAL ENSEMBLE ARTS INITIATIVE in association with
JANE HAWKSLEY, UEA DRAMA STUDIO, NORWICH SCHOOL & BOOJA BOOJA



**AUTUMN
FESTIVAL
of Norfolk**
Signature Project

Dance into the Fall

Welcome to Dance into the Fall 2025.

How we enjoyed the beautiful Blake Studio at Norwich School for our Dance into the Fall premier in '23 and last year, in '24, with the addition of a lantern lit walk and outdoor performance by Cadenza and Glass House Dance in the school garden!

Tonight, for the first time we can enjoy our late harvest of the best dance of '25 in the UEA Drama Studio.

A delicious, hearty crop of professional dance artists, emerging artists and community dancers, many of whom have been incredibly busy over the summer months. We are all ready to embrace the darker, slower months BUT before we do, lets embrace this opportunity to dance into the fall and fall into the dance. Tonight's performances will inspire us all to put on some music and keep moving through the winter, throughout which the dance classes will continue. Seek them out, join in, and who knows, you might find yourself on stage with us next year!

Thank you to the Autumn Festival of Norfolk and its magnificent support and team. Thanks to the UEA and their staff here tonight who have welcomed us with open arms! Thank you to all our partners and supporters.

Enjoy and stay for a drink and Booja chocs. The Norwich Dandies will move among you to gather any thoughts or feelings you are willing to share and please have a friendly chat with the stars of homegrown Norfolk dance!

Rebecca

Rebecca Chapman
Artistic Director Total Ensemble and producer *Dance into the Fall*.

RUNNING ORDER

Into the Fall by Jules Maxwell FEAT My Echo
Round the Earth by Jo Collins MBE
Sung by Hannah Reeve

A Total Ensemble Arts Initiative alumnus of Ground up & Grass Roots and Move into the Spring outreach projects in Gorleston. Alongside students from East Norfolk Sixth Form College and the Otium Centre for adults with additional needs Hannah shone with her natural performing talent and ease and generosity with all types of learners. She has recently started studying acting at NUA. She rejoins Total Ensemble, as a member of the creative team, for Move into the Spring '26. Details will be announced soon at www.totalensemble.org

Dancing in the Stars – Xen Arts

Dedicated to Penny Banks, a much loved and cherished member of our group who sadly passed away in September. Penny danced with us from 2017 and was always encouraging and enthusiastic about our over 65's Move & Chatter sessions, continuing to dance with us until the month before she passed. This is for you Penny – we know you'll still be with us in spirit and dancing there 'among the stars.' Choreographed by Xenoula Eleftheriades and dancers.

No Longer – Timeless Stories

The piece explores personal connection to the environment. Imagine what we lose, when we lose the environments that hold us. What is left to frame our experience? This piece is inspired by the emptiness of losing what surrounds us. Developed by Rachel Canavan with the performers, composer, Jules Maxwell and visuals by Florence Eade, who all invite you to join them in contemplating our relationships to what is, and that which no longer may be, around us.

I am because we are – In Cahoots Dance Company

The Southern African philosophy of ubuntu is the idea that our identities and existence are shaped through relationships with others. The piece explores connection, coexistence, and the unspoken rhythms between bodies. Through improvisation, repetition, and shared movement, the dancers explore individual expression and collective presence. In this shared space of audience and performers, one is only here because of the other. Choreographer: Abby Page

Show Off and Dance – Dance Moves You

A celebration of individuality and togetherness. Each dancer brings their own spark, quirks, and energy to the stage, creating a performance as unique as they are. It's about showing off who we are – unapologetically, authentically, and with all the confidence in the world. As individuals, we each want to be seen and admired; as a collective, we find joy and power in moving together. Choreography: Katy Dunne with the dancers.

Sing – Jules Maxwell

Composer, song writer and long-term keyboard player with Dead Can Dance, Jules has composed for choreographers: Wayne McGregor, Jasmin Vardimon, Charlotte Derbyshire, Filip Van Huffel, Vincent Dance Theatre, Hofesh Schecter and others, too many to mention here. At the heart of his music and practice is a curiosity to find links across theatrical disciplines. He is performing a concert of original Ballads and Nocturnes, Octagon Chapel, Friday 14th November, continuing his unique contribution to the Autumn Festival. Get tickets here: <https://www.autumnfestivalofnorfolk.org/event/jules-maxwell>

Under the Darkness – Sami Coggins

As an emerging artist, through Compass Dance, Sami has integrated her passion for breakdance with contemporary practice, developing a unique style. The piece reflects her shifting experience of disability. Three versions exist: dancing with full capability, moving from her wheelchair while imagining, or appearing through film. The version you see today was unknown until today echoing the unpredictability of living with disability and the resilience found within it. Creative assistants/ Mentors: Kelly Ludgrove, Gaelin Little. Sound Score: Jules Maxwell, Audio Charlotte Derbyshire.

The Falcon – Cadenza

A symbol of freedom and wildness, the falcon soars through this work as both guide and mirror. Once untamed, now bound, it reflects our uneasy relationship with the natural world. The Falcon explores the distance we place between ourselves and nature – and the deep, shared need for love, protection, and connection. Through movement and imagery, it asks: what have we lost in taming the wild – and what might we remember if we return? Choreography: Laura Anderson with the dancers

Dance into the Fall Event Coordinator **ELEANOR SATTARI-HICKS**
Performance Day Assistants **CHARLOTTE DERBYSHIRE** and **LAURA DE OLIVEIRA**
Festival Technician **TIM TRACEY**
UEA Drama Studio & Technical Manager and Dance into the Fall Stage Manager **SARAH NACMANSON**
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